

**Red Rock Conference Championships**    May 16, 2019    Murray County Central HS    Slayton, MN

Boys Teams:

1.	SWMCH-EHS	153.5
2.	Ellsworth	134
3.	Murray County Central	106
4.	Hills-Beaver Creek	81
4.	Mt. Lake Area - Comfrey	81
6.	Heron Lake-Okabena/Fulda	50
7.	Adrian	42
8.	Westbrook-WG/Red Rock Central	38.5

Girls Teams:

1.	SWMCH-EHS	187
2.	Hills-Beaver Creek	155.7
3.	Heron Lake-Okabena/Fulda	134
4.	Murray County Central	77.1
5.	Westbrook-WG/Red Rock Central	49.1
6.	Mt. Lake Area - Comfrey	46.1
7.	Adrian	36
8.	Ellsworth	6

Varsity Boys 100 Meters Finals

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Athlete Yr Team Mark

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- 1 Cody Willard 12 Westbrook-WG/Red Rock Cen 11.71
- 2 Kade Boltjes 12 Ellsworth 11.78
- 3 Tyson Bork 10 Hills-Beaver Creek 11.88
- 4 Aaron Johnson 11 Murray County Central 12.13
- 5 Cole Boltjes 9 Ellsworth 12.24
- 6 Noah Kruse 12 Ellsworth 12.28
- 7 Gavin Wysong 10 Hills-Beaver Creek 12.35
- 8 Ben Nachreiner 10 Mt. Lake Area - Comfrey 12.48
- 9 Gabe Spittle 12 Heron Lake-Okabena/Fulda 12.49
- 10 Gabe Krick 10 Westbrook-WG/Red Rock Cen 12.62
- 11 Luke LaRock 12 Hills-Beaver Creek 12.65
- 12 Dakota John 12 Adrian 12.75
- 13 Ethan Vogel 12 SWMCH-EHS 12.79
- 14 Carter Kracht 10 SWMCH-EHS 12.87
- 15 Brock Smith 9 Murray County Central 13.19
- 16 Preston Christoffers 9 Heron Lake-Okabena/Fulda 13.28
- 17 Donald Bistline 10 SWMCH-EHS 13.36
- 18 Sean Sauve 10 Heron Lake-Okabena/Fulda 13.47
- 19 Wyatt Wall 9 Mt. Lake Area - Comfrey 13.55
- 20 Alex Galvez 11 Murray County Central 14.02
- 21 Jordan Erwin 7 Adrian 15.36
- Chandlor Phoulom 9 Mt. Lake Area - Comfrey NT

Varsity Boys 100 Meters Finals

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Athlete Yr Team Mark

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- Donald Bistline 10 SWMCH-EHS 11.80
- Ben Sluis 12 SWMCH-EHS 12.28
- Carter Kracht 10 SWMCH-EHS 12.48
- Ethan Vogel 12 SWMCH-EHS 12.70

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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- 1 Kade Boltjes 12 Ellsworth 23.11
- 2 Sean Boltjes 12 Ellsworth 23.86
- 3 Tyson Bork 10 Hills-Beaver Creek 23.96
- 4 Cody Willard 12 Westbrook-WG/Red Rock Cen 24.28
- 5 Noah Kruse 12 Ellsworth 24.71
- 6 Christian Weidert 12 Adrian 24.86
- 7 Ben Sluis 12 SWMCH-EHS 25.90
- 8 Gabe Krick 10 Westbrook-WG/Red Rock Cen 25.95
- 8 Gabe Spittle 12 Heron Lake-Okabena/Fulda 25.95
- 10 Carter Kracht 10 SWMCH-EHS 26.55
- 11 Easton Harnack 11 Hills-Beaver Creek 26.88
- 12 Jacob Raak 10 SWMCH-EHS 26.97
- 13 Ben Nachreiner 10 Mt. Lake Area - Comfrey 27.32
- 14 Seth Klassen 10 Mt. Lake Area - Comfrey 27.55
- 15 Kade Wassman 9 Mt. Lake Area - Comfrey 27.73
- 16 Andrew Harris 9 Hills-Beaver Creek 28.08
- 17 Colin Christensen 10 Murray County Central 28.54
- 18 Jeremy Muecke 10 Heron Lake-Okabena/Fulda 28.58
- 19 Ryan Risacher 9 Murray County Central 29.17
- 20 Jaden Wendland 10 Murray County Central 29.95
- 21 Jordan Erwin 7 Adrian 32.58

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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- Ben Sluis 12 SWMCH-EHS 24.48
- Payton Bork 10 SWMCH-EHS 24.61
- Ethan Vogel 12 SWMCH-EHS 26.50
- Jacob Raak 10 SWMCH-EHS 26.58

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Kade Boltjes 12 Ellsworth 52.82
- 2 Micah Schaap 9 SWMCH-EHS 53.69
- 3 Jonathan Eisma 11 SWMCH-EHS 54.30
- 4 Noah Kruse 12 Ellsworth 56.37
- 5 Cole Baker 9 Hills-Beaver Creek 56.96
- 6 Gabe Krick 10 Westbrook-WG/Red Rock Cen 57.50
- 7 Gabe Spittle 12 Heron Lake-Okabena/Fulda 57.78
- 8 Sam Kramer 12 Ellsworth 1:00.10
- 9 Aidan Schaap 7 SWMCH-EHS 1:00.28
- 10 Cole Kleven 9 Mt. Lake Area - Comfrey 1:00.39
- 11 Seth Klassen 10 Mt. Lake Area - Comfrey 1:02.30
- 12 Denver Einck 7 Heron Lake-Okabena/Fulda 1:03.47
- 13 Adrian Galvez 12 Murray County Central 1:05.57
- 14 Ryan Risacher 9 Murray County Central 1:06.10
- 15 Alex Galvez 11 Murray County Central 1:08.39

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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- Micah Schaap 9 SWMCH-EHS 53.13
- Jonathan Eisma 11 SWMCH-EHS 53.61

Avery Pater 11 SWMCH-EHS 54.23  
Shane Van Essen 12 SWMCH-EHS 55.33

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Avery Pater 11 SWMCH-EHS 2:07.58
- 2 Ryan Blomgren 12 Mt. Lake Area - Comfrey 2:10.36
- 3 Levi Van Dyken 9 SWMCH-EHS 2:11.72
- 4 Justin Clarke 11 Murray County Central 2:12.44
- 5 Payton Bork 10 SWMCH-EHS 2:13.80
- 6 Robby Armstrong 11 Ellsworth 2:14.30
- 7 Cale Engelkes 12 Murray County Central 2:24.13
- 8 Colin Christensen 10 Murray County Central 2:26.08
- 9 Carlos Juarez 12 Heron Lake-Okabena/Fulda 2:28.52
- 10 Zak Zimmermann 9 Westbrook-WG/Red Rock Cen 2:29.01
- 11 Christian Juarez 12 Heron Lake-Okabena/Fulda 2:30.04
- 12 Caden Swoboda 9 Mt. Lake Area - Comfrey 2:30.69
- 13 Peyton Lewis 9 Ellsworth 2:36.88
- 14 Lucas Essman 7 Ellsworth 2:43.08
- 15 Dylan Graff 8 Adrian 2:48.04
- 16 Bruce Farrinella 7 Adrian 3:11.15
- 17 Carter Beranek 7 Westbrook-WG/Red Rock Cen 3:17.31

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- Avery Pater 11 SWMCH-EHS 2:07.11
- Jonathan Eisma 11 SWMCH-EHS 2:10.80
- Payton Bork 10 SWMCH-EHS 2:10.83
- Levi Van Dyken 9 SWMCH-EHS 2:13.20

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Justin Clarke 11 Murray County Central 4:51.87
- 2 Ryan Blomgren 12 Mt. Lake Area - Comfrey 4:55.17
- 3 Maverick Beckmann 10 Murray County Central 4:58.57
- 4 Dalton Pottter 12 Westbrook-WG/Red Rock Cen 5:05.77
- 5 Robby Armstrong 11 Ellsworth 5:07.67
- 6 Zachary Prins 10 SWMCH-EHS 5:17.94
- 7 Linkin Bossert 10 Ellsworth 5:28.94
- 8 Paul Salentiny 10 Heron Lake-Okabena/Fulda 5:31.27
- 9 Jaden Barron 9 SWMCH-EHS 5:36.43
- 10 Adrian Schwaller 9 Heron Lake-Okabena/Fulda 5:42.76
- 11 Dylan Graff 8 Adrian 6:08.01
- 12 Rylan Engelkes 9 Murray County Central 6:16.30
- 13 Colby Hadler 10 SWMCH-EHS 6:29.03
- 14 Bruce Farrinella 7 Adrian 6:31.15
- 15 Micah Onken 10 Ellsworth 6:41.20
- 16 Carter Beranek 7 Westbrook-WG/Red Rock Cen 7:16.21

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

- =====
- 1 Dalton Ptotter 12 Westbrook-WG/Red Rock Cen 11:13.76
  - 2 Kody Wassman 7 Mt. Lake Area - Comfrey 11:26.87
  - 3 Maverick Beckmann 10 Murray County Central 11:33.19
  - 4 Zachary Prins 10 SWMCH-EHS 11:37.96
  - 5 Lukas Stapek 11 Heron Lake-Okabena/Fulda 11:58.11
  - 6 Paul Salentiny 10 Heron Lake-Okabena/Fulda 11:59.10
  - 7 Linkin Bossert 10 Ellsworth 12:16.21
  - 8 Jaden Barron 9 SWMCH-EHS 12:24.12
  - 9 Mason Hamm 8 SWMCH-EHS 12:37.20
  - 10 Brock Smith 9 Murray County Central 13:08.40
  - 11 Isaiah Kathman 10 Murray County Central 13:20.00
  - 12 Connor Vandervoort 9 Hills-Beaver Creek 13:23.30
  - 13 Logan Clarke 10 Heron Lake-Okabena/Fulda 16:02.25

Varsity Boys 110m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Aaron Johnson 11 Murray County Central 15.62
  - 2 Sean Boltjes 12 Ellsworth 15.84
  - 3 Shane Van Essen 12 SWMCH-EHS 16.55
  - 4 Joshua Raak 12 SWMCH-EHS 17.69
  - 5 Ethan Klassen 12 Mt. Lake Area - Comfrey 18.65
  - 6 Brayden Alhers 10 Murray County Central 18.76
  - 7 Tryce Bennett 10 Hills-Beaver Creek 19.78
  - 8 Easton Harnack 11 Hills-Beaver Creek 19.90
  - 9 Daine Jensen 12 Heron Lake-Okabena/Fulda 20.32
  - 10 Dante Damm 10 Murray County Central 20.68
  - 11 Dalton Van Dyke 10 SWMCH-EHS 20.80
  - 12 Hein Wai 10 Heron Lake-Okabena/Fulda 21.27
  - 13 Cayden LaPointe 9 Mt. Lake Area - Comfrey 22.49
- Jeremy Muecke 10 Heron Lake-Okabena/Fulda NT

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Sean Boltjes 12 Ellsworth 41.74
  - 2 Shane Van Essen 12 SWMCH-EHS 43.14
  - 3 Sam Paulson 11 Mt. Lake Area - Comfrey 43.86
  - 4 Aaron Johnson 11 Murray County Central 45.17
  - 5 Brayden Alhers 10 Murray County Central 49.18
  - 6 Rylan Behnke 10 Murray County Central 49.78
  - 7 Ethan Klassen 12 Mt. Lake Area - Comfrey 49.92
  - 8 Daine Jensen 12 Heron Lake-Okabena/Fulda 49.99
  - 9 Tryce Bennett 10 Hills-Beaver Creek 50.45
  - 10 Cayden LaPointe 9 Mt. Lake Area - Comfrey 52.07
  - 11 Dalton Van Dyke 10 SWMCH-EHS 52.55
  - 12 Jeremy Muecke 10 Heron Lake-Okabena/Fulda 54.77
  - 13 Brock Harnack 8 Hills-Beaver Creek 56.49
- Joshua Raak 12 SWMCH-EHS NT
- Hein Wai 10 Heron Lake-Okabena/Fulda NT

Varsity Boys 4x100m Finals

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Team Time

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- 1 Hills-Beaver Creek 46.83

Dewell Rauk Luke LaRock Liam Raymon Tyson Bork  
2 Mt. Lake Area - Comfrey 47.80  
Ben Nachreiner Eli Karschnik Jordan Toll Sam Paulson  
3 SWMCH-EHS 49.16  
Carter Kracht Donald Bistline Ben Sluis Ethan Vogel  
4 Murray County Central 49.22  
Dawson Brown Tyler Aanenson Logan Steinle Adrian Galvez  
5 Adrian 49.68  
Dakota John Braxton Vortheims Tahj Schroeder Christian Weidert  
6 Ellsworth 51.07  
Cole Boltjes Rondae Nave Simon Boyenga Elijah Kruse  
7 Heron Lake-Okabena/Fulda 59.34  
Preston Christoffers Logan Gass Ethan Gilman Sean Sauve  
Westbrook-WG/Red Rock Central DNF  
Derek Werner Jake Kleven Zak Zimmermann Cody Willard

Varsity Boys 4x200m Finals

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Team Time  
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1 Hills-Beaver Creek 1:39.62  
Dewell Rauk Luke LaRock Gavin Wysong Liam Raymon  
2 Mt. Lake Area - Comfrey 1:41.05  
Ethan Klassen Jordan Toll Eli Karschnik Sam Paulson  
3 SWMCH-EHS 1:41.31  
Jacob Raak Ben Sluis Ethan Vogel Payton Bork  
4 Murray County Central 1:44.67  
Dawson Brown Tyler Aanenson Tyler Winter Adrian Galvez  
5 Adrian 1:46.30  
Dakota John Braxton Vortheims Tahj Schroeder Christian Weidert  
6 Ellsworth 1:49.60  
Cole Boltjes Rondae Nave Simon Boyenga Elijah Kruse  
7 Heron Lake-Okabena/Fulda 1:57.41  
Preston Christoffers Logan Gass Ethan Gilman Sean Sauve  
Westbrook-WG/Red Rock Central DQ  
Derek Werner Jake Kleven Dalton Piotter Zak Zimmermann

Varsity Boys 4x400m Finals

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Team Time  
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1 SWMCH-EHS 3:36.80  
Shane Van Essen Micah Schaap Jonathan Eisma Avery Pater  
2 Mt. Lake Area - Comfrey 3:54.72  
Micah Holmberg Jordan Toll Eli Karschnik Ryan Blomgren  
3 Hills-Beaver Creek 3:55.65  
Cole Baker Gavin Wysong Dewell Rauk Liam Raymon  
4 Murray County Central 3:56.08  
Logan Steinle Rylan Behnke Maverick Beckmann Justin Clarke  
5 Ellsworth 4:01.31  
Robby Armstrong Peyton Lewis Elijah Kruse Sam Kramer  
6 Heron Lake-Okabena/Fulda 4:32.61  
Daine Jensen Denver Einck Christian Juarez Carlos Juarez

Varsity Boys 4x800m Finals

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Team Time  
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1 SWMCH-EHS 8:42.39

Payton BorkLevi Van DykenJonathan EismaAvery Pater  
2 Murray County Central 9:47.42  
Logan SteinleTyler AanensonDante DammCale Engelkes  
3 Mt. Lake Area - Comfrey 10:05.56  
Ben BartschCaden SwobodaKody WassmanMicah Holmberg  
4 Ellsworth 10:06.27  
Peyton LewisSam KramerLucas EssmanMicah Onken  
5 Heron Lake-Okabena/Fulda 10:18.34  
Christian JuarezLukas StapekAiden LorenzenAdrian Schwaller  
6 Hills-Beaver Creek 10:39.00  
Brock HarnackAndrew HarrisConnor VandevortElisha Taubert

#### Varsity Boys Shot Put Finals

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Athlete Yr Team Mark

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1 Scot Edwards 11 Adrian 48-02.00  
2 Mike Moss 11 SWMCH-EHS 42-11.00  
3 Zach Thier 10 Heron Lake-Okabena/Fulda 42-02.50  
4 Garrett Raymon 12 Hills-Beaver Creek 40-02.00  
5 Christian Hoiland 11 Ellsworth 38-10.00  
6 Tucker Wieneke 12 Adrian 38-05.00  
7 Chase Bosch 10 Hills-Beaver Creek 38-02.00  
8 Brayden Alhers 10 Murray County Central 37-06.00  
9 Isaac Grev 11 Mt. Lake Area - Comfrey 37-05.00  
10 Tyler Winter 11 Murray County Central 36-05.00  
11 Rondae Nave 11 Ellsworth 35-11.00  
12 Derek Werner 11 Westbrook-WG/Red Rock Cen 34-04.00  
12 Calvin Erickson 10 Hills-Beaver Creek 34-04.00  
14 Bren Toutges 12 Mt. Lake Area - Comfrey 34-03.50  
15 Owen Grant 11 Westbrook-WG/Red Rock Cen 33-04.00  
16 Wyatt Wall 9 Mt. Lake Area - Comfrey 32-09.00  
17 Ryder Henning 9 Heron Lake-Okabena/Fulda 29-06.00  
18 Dylan Tinklenberg 11 SWMCH-EHS 29-04.00  
19 Christian Juarez 12 Heron Lake-Okabena/Fulda 29-01.00  
20 Zane Schuur 8 SWMCH-EHS 29-00.00  
21 Brayton Beerman 10 Murray County Central 23-00.00  
Brandon Kramer 12 Ellsworth ND

#### Varsity Boys Discus Finals

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Athlete Yr Team Mark

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1 Brandon Kramer 12 Ellsworth 129-00  
2 Tucker Wieneke 12 Adrian 127-11  
3 Garrett Raymon 12 Hills-Beaver Creek 127-09  
4 Christian Hoiland 11 Ellsworth 125-11  
5 Brayden Alhers 10 Murray County Central 122-10  
6 Scot Edwards 11 Adrian 121-05  
7 Carter Boyenga 12 Ellsworth 121-02  
8 Zach Thier 10 Heron Lake-Okabena/Fulda 115-11  
9 Chase Bosch 10 Hills-Beaver Creek 112-11  
10 Tyler Winter 11 Murray County Central 110-08  
11 Dylan Tinklenberg 11 SWMCH-EHS 103-02  
12 Calvin Erickson 10 Hills-Beaver Creek 99-01  
13 Daine Jensen 12 Heron Lake-Okabena/Fulda 96-04  
14 Zane Schuur 8 SWMCH-EHS 90-09  
15 Ryder Henning 9 Heron Lake-Okabena/Fulda 82-10  
16 Cole Kleven 9 Mt. Lake Area - Comfrey 76-06  
17 Owen Grant 11 Westbrook-WG/Red Rock Cen 76-02

- 18 Derek Werner 11 Westbrook-WG/Red Rock Cen 74-10
- 19 Bren Toutges 12 Mt. Lake Area - Comfrey 74-08
- 20 Brayton Beerman 10 Murray County Central 71-11
- 21 Paxton Morin 11 Mt. Lake Area - Comfrey 58-10
- 22 Mike Moss 11 SWMCH-EHS 11-02

#### Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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- 1 Sam Cheadle 12 Heron Lake-Okabena/Fulda 6-01.00
- 2 Joshua Raak 12 SWMCH-EHS 5-08.00
- 3 Ethan Nickel 10 Mt. Lake Area - Comfrey 5-06.00
- 4 Tyler Winter 11 Murray County Central 5-04.00
- 5 Colin Christensen 10 Murray County Central 5-04.00
- 6 Jacob Raak 10 SWMCH-EHS 5-00.00
- 7 Tryce Bennett 10 Hills-Beaver Creek 4-10.00
- 7 Troy Durst 9 Hills-Beaver Creek 4-10.00
- 7 Jake Kleven 12 Westbrook-WG/Red Rock Cen 4-10.00
- 7 Logan Gass 7 Heron Lake-Okabena/Fulda 4-10.00
- 11 Denver Einck 7 Heron Lake-Okabena/Fulda 4-08.00
- 12 Peyton Lewis 9 Ellsworth 4-06.00
- Brock Harnack 8 Hills-Beaver Creek NH

#### Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Joshua Raak 12 SWMCH-EHS 11-06.00
- 2 Gabe Spittle 12 Heron Lake-Okabena/Fulda 10-06.00
- 3 Rylan Behnke 10 Murray County Central 10-00.00
- 4 Gabe Krick 10 Westbrook-WG/Red Rock Cen 9-00.00
- 5 Zachary Prins 10 SWMCH-EHS 8-06.00
- 6 Ethan Klassen 12 Mt. Lake Area - Comfrey 8-06.00
- 7 Ryder Henning 9 Heron Lake-Okabena/Fulda 8-06.00
- 8 Carlos Juarez 12 Heron Lake-Okabena/Fulda 8-00.00
- 8 Jesse Tschetter 10 SWMCH-EHS 8-00.00
- 10 Caden Swoboda 9 Mt. Lake Area - Comfrey 7-06.00
- 11 Seth Klassen 10 Mt. Lake Area - Comfrey 7-00.00
- Dawson Brown 9 Murray County Central NH

#### Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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- 1 Micah Schaap 9 SWMCH-EHS 19-09.00
- 2 Kade Boltjes 12 Ellsworth 19-01.00
- 3 Noah Kruse 12 Ellsworth 18-04.50
- 4 Payton Bork 10 SWMCH-EHS 18-04.00
- 5 Cole Baker 9 Hills-Beaver Creek 18-02.00
- 6 Christian Weidert 12 Adrian 17-10.00
- 7 Sean Boltjes 12 Ellsworth 17-09.50
- 8 Tyson Bork 10 Hills-Beaver Creek 17-07.50
- 9 Justin Clarke 11 Murray County Central 17-06.00
- 10 Aidan Schaap 7 SWMCH-EHS 16-10.50
- 11 Easton Harnack 11 Hills-Beaver Creek 16-04.00
- 12 Dawson Brown 9 Murray County Central 16-03.00
- 13 Tahj Schroeder 12 Adrian 16-00.00
- 14 Cayden LaPointe 9 Mt. Lake Area - Comfrey 15-09.00

15 Brock Smith 9 Murray County Central 15-04.00  
16 Micah Holmberg 9 Mt. Lake Area - Comfrey 15-01.50  
17 Preston Christoffers 9 Heron Lake-Okabena/Fulda 14-10.00

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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1 Micah Schaap 9 SWMCH-EHS 41-11.50  
2 Cole Baker 9 Hills-Beaver Creek 39-05.25  
3 Aaron Johnson 11 Murray County Central 38-09.00  
4 Sam Paulson 11 Mt. Lake Area - Comfrey 38-05.50  
5 Dakota John 12 Adrian 37-01.00  
6 Liam Raymon 9 Hills-Beaver Creek 36-08.50  
7 Andrew Harris 9 Hills-Beaver Creek 35-10.50  
8 Aidan Schaap 7 SWMCH-EHS 35-03.25  
9 Jacob Raak 10 SWMCH-EHS 35-02.00  
10 Cole Boltjes 9 Ellsworth 35-01.50  
11 Tyler Aanenson 12 Murray County Central 32-08.00  
12 Zak Zimmermann 9 Westbrook-WG/Red Rock Cen 32-06.00  
13 Logan Steinle 9 Murray County Central 31-07.00  
14 Carlos Juarez 12 Heron Lake-Okabena/Fulda 30-06.00  
15 Braxton Vortheims 12 Adrian 30-04.75  
Jordan Toll 10 Mt. Lake Area - Comfrey ND

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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1 Layla Deelstra 7 Hills-Beaver Creek 13.37  
2 Taryn Rauk 10 Hills-Beaver Creek 13.71  
3 Anna Suda 8 SWMCH-EHS 13.78  
4 Haley Wieck 9 SWMCH-EHS 14.02  
5 Ashlee Kelderman 10 Hills-Beaver Creek 14.03  
6 Maddie Schumacher 8 Heron Lake-Okabena/Fulda 14.24  
7 Adri Ruiz 9 Westbrook-WG/Red Rock Cen 14.30  
8 Kelsey DeSmith 9 Westbrook-WG/Red Rock Cen 14.42  
9 Irish Hollahan 7 Heron Lake-Okabena/Fulda 14.44  
10 Mara Fick 10 SWMCH-EHS 14.52  
11 Brianna Reckamp 10 Adrian 14.63  
12 Taylor Ford 9 Murray County Central 14.78  
12 Vanessa Kedl 12 Westbrook-WG/Red Rock Cen 14.78  
14 Brooke Engbarth 11 Murray County Central 14.80  
15 Ashley Hellewell 10 Murray County Central 15.15  
16 Brynn Boyenga 7 Ellsworth 15.37  
17 Laura Roelfs 8 Adrian 15.39  
18 Julia Bryngelson 11 Adrian 15.60  
19 Janessa Johnson 11 Mt. Lake Area - Comfrey 16.09  
20 Cassidy Nussbaum 9 Ellsworth 16.22  
21 Kelly Watkins 10 Mt. Lake Area - Comfrey 16.73  
Faith White 9 Heron Lake-Okabena/Fulda DQ

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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Anna Suda 8 SWMCH-EHS 13.65  
Mara Fick 10 SWMCH-EHS 13.82  
Ellie Decker 8 SWMCH-EHS 13.93



Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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- 1 Layla Deelstra 7 Hills-Beaver Creek 28.59
- 2 Taryn Rauk 10 Hills-Beaver Creek 28.66
- 3 Ellie Decker 8 SWMCH-EHS 29.63
- 4 Maddie Schumacher 8 Heron Lake-Okabena/Fulda 30.12
- 5 Hunter Bloch 11 Westbrook-WG/Red Rock Cen 30.13
- 6 Elizabeth Strock 10 Westbrook-WG/Red Rock Cen 30.14
- 7 Kelsey DeSmith 9 Westbrook-WG/Red Rock Cen 30.72
- 8 Hannah Henning 9 Adrian 30.80
- 9 Mara Fick 10 SWMCH-EHS 31.06
- 10 Shaylee Van Essen 8 SWMCH-EHS 31.11
- 11 Bileigh Anacker 11 Mt. Lake Area - Comfrey 31.27
- 12 Peyton Bennett 7 Hills-Beaver Creek 31.30
- 13 Irish Hollahan 7 Heron Lake-Okabena/Fulda 31.87
- 14 Chelby Kesteloot 9 Murray County Central 32.01
- 15 Skylar Fisher 9 Heron Lake-Okabena/Fulda 32.42
- 16 Megan McCue 11 Mt. Lake Area - Comfrey 32.90
- 17 Morgan Clarke 11 Murray County Central 32.91
- 18 Brynn Boyenga 7 Ellsworth 33.70
- 19 Chelsey LaPointe 10 Mt. Lake Area - Comfrey 33.71
- 20 Cassidy Nussbaum 9 Ellsworth 34.52
- 21 Thea Schmahl 9 Murray County Central 35.08

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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- Anna Suda 8 SWMCH-EHS 28.36
- Ella Veldkamp 10 SWMCH-EHS 29.01
- Ellie Decker 8 SWMCH-EHS 29.07
- Haley Wieck 9 SWMCH-EHS 30.27

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Morgan Gehl 10 Heron Lake-Okabena/Fulda 1:04.31
- 2 Taryn Rauk 10 Hills-Beaver Creek 1:04.85
- 3 Cybil Vander Top 10 SWMCH-EHS 1:06.50
- 4 Taylor Durst 9 Hills-Beaver Creek 1:06.63
- 5 Kierra Binford 8 SWMCH-EHS 1:07.07
- 6 Victoria Pierson 9 Murray County Central 1:08.17
- 7 Audra Homandberg 12 SWMCH-EHS 1:08.46
- 8 Aspen Shimp 8 Hills-Beaver Creek 1:11.31
- 9 Lana Kestner 9 Mt. Lake Area - Comfrey 1:13.60
- 10 Abby Loosbrock 7 Murray County Central 1:15.72
- 11 Morgan Dreesen 11 Ellsworth 1:17.85
- 12 Janessa Johnson 11 Mt. Lake Area - Comfrey 1:18.67
- 13 Alicia McEliece 10 Adrian 1:19.18
- 14 Julia Bryngelson 11 Adrian 1:19.59
- 15 Anne Cham 10 Heron Lake-Okabena/Fulda 1:19.91
- 16 Gracie Hauptert 8 Murray County Central 1:23.45

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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Savannah Schultz 8 SWMCH-EHS 64.56  
Cybil Vander Top 10 SWMCH-EHS 65.20  
Audra Homandberg 12 SWMCH-EHS 65.38  
Mikayla Johnson 10 SWMCH-EHS 66.98

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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1 Morgan Gehl 10 Heron Lake-Okabena/Fulda 2:26.18  
2 Moriah Bullerman 11 Adrian 2:33.50  
3 Kenadie Fick 9 Hills-Beaver Creek 2:35.31  
4 Mikayla Johnson 10 SWMCH-EHS 2:36.86  
5 Ella Veldkamp 10 SWMCH-EHS 2:40.55  
6 Rylie Fey 9 SWMCH-EHS 2:41.45  
7 Josie Harms 10 Murray County Central 2:50.96  
8 Brealyn Damm 7 Murray County Central 2:54.38  
9 Grace Farinella 8 Adrian 3:09.27  
10 Morgan Dreesen 11 Ellsworth 3:16.79  
11 Megan Bakke 8 Heron Lake-Okabena/Fulda 3:21.88

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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Savannah Schultz 8 SWMCH-EHS 2:33.96  
Mikayla Johnson 10 SWMCH-EHS 2:35.83  
Audra Homandberg 12 SWMCH-EHS 2:36.32  
Cybil Vander Top 10 SWMCH-EHS 2:37.10

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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1 Morgan Gehl 10 Heron Lake-Okabena/Fulda 5:02.18  
2 Savannah Schultz 8 SWMCH-EHS 5:46.39  
3 Amanda Overgaauw 8 Murray County Central 5:49.92  
4 Taylor Post 7 SWMCH-EHS 5:59.98  
5 Rylie Fey 9 SWMCH-EHS 6:03.42  
6 Brylei Schreier 7 Murray County Central 6:09.39  
7 Lauren Tatge 10 Hills-Beaver Creek 6:21.41  
8 Anna Volk 12 Heron Lake-Okabena/Fulda 6:24.80  
9 Mercedes Saengosoth 9 Mt. Lake Area - Comfrey 6:32.38  
10 Grace Farinella 8 Adrian 6:46.93  
11 Grace Anderson 7 Hills-Beaver Creek 7:19.69  
Hunter Penning 7 Adrian NT

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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1 Ashley Overgaauw 8 Murray County Central 12:30.48  
2 Taylor Post 7 SWMCH-EHS 13:07.65  
3 Ella Stapek 9 Heron Lake-Okabena/Fulda 13:25.49

- 4 Ana Hagen 12 Hills-Beaver Creek 13:42.15
- 5 Riley Schroeder 9 Mt. Lake Area - Comfrey 14:34.34
- 6 Kierra Binford 8 SWMCH-EHS 14:43.55
- 7 Chloe Tschetter 12 SWMCH-EHS 15:39.50

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Samantha Untiedt 7 Heron Lake-Okabena/Fulda 17.30
- 2 Sommer Schaap 12 SWMCH-EHS 17.34
- 3 Anna Fest 8 Heron Lake-Okabena/Fulda 18.11
- 4 Sydney Van Essen 10 SWMCH-EHS 18.37
- 5 Ashlyn Meester 11 Ellsworth 18.53
- 6 Ryanna Schreier 9 Murray County Central 18.89
- 7 Camryn Bunting 11 Westbrook-WG/Red Rock Cen 19.10
- 8 Joslyn Birger 11 Hills-Beaver Creek 19.15
- 9 Abby Knobloch 10 Hills-Beaver Creek 19.76
- 10 Braelyn Kracht 9 SWMCH-EHS 19.92
- 11 Elizabeth Wiggins 9 Westbrook-WG/Red Rock Cen 20.07
- 12 Abby Loosbrock 7 Murray County Central 20.30
- 13 Lanae Elbers 7 Hills-Beaver Creek 21.35
- 14 Chelsey LaPointe 10 Mt. Lake Area - Comfrey 21.42
- 15 Alesha Henning 8 Adrian 21.45
- 16 Laura Roelfs 8 Adrian 21.67
- 17 Jocelyn Horn 7 Adrian 26.66
- Ariel Peterson 11 Mt. Lake Area - Comfrey NT

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Samantha Untiedt 7 Heron Lake-Okabena/Fulda 52.13
- 2 Anna Fest 8 Heron Lake-Okabena/Fulda 52.77
- 3 Camdyn Kluis 9 Murray County Central 54.03
- 4 Camryn Bunting 11 Westbrook-WG/Red Rock Cen 54.94
- 5 Haily Green 9 Mt. Lake Area - Comfrey 54.96
- 6 Abby Knobloch 10 Hills-Beaver Creek 55.02
- 7 Ryanna Schreier 9 Murray County Central 55.16
- 8 Ashlyn Meester 11 Ellsworth 55.75
- 9 Joslyn Birger 11 Hills-Beaver Creek 55.93
- 10 Sydney Van Essen 10 SWMCH-EHS 56.30
- 11 Elizabeth Wiggins 9 Westbrook-WG/Red Rock Cen 1:01.62
- 12 Braelyn Kracht 9 SWMCH-EHS 1:02.45
- 13 Hailey Vandenbosch 7 Heron Lake-Okabena/Fulda 1:03.31
- 14 Alesha Henning 8 Adrian 1:09.26
- 15 Gay Pah Ler 7 Adrian 1:14.79
- 16 Jocelyn Horn 7 Adrian 1:19.15

Varsity Girls 4x100m Finals

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Team Time

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- 1 Hills-Beaver Creek 55.05
- Joslyn BirgerSidney FickMadison SpathAshlee Kelderman
- 2 Heron Lake-Okabena/Fulda 55.44
- Irish HollahanFaith WhiteSamatha UntiedtMaddie Schumacher
- 3 SWMCH-EHS 55.86
- Mara FickEllie DeckerAnna SudaHaley Wieck

4 Adrian 55.97  
Hannah HenningBrianna ReckampBailey LonnemanKendra Frodermann  
5 Westbrook-WG/Red Rock Central 57.60  
Adri RuizHunnter BlochElizabeth StrockKelsey DeSmith  
6 Murray County Central 57.66  
Brooke EngbarthTaylor FordAshley HellewellCourtney Tutt  
7 Mt. Lake Area - Comfrey 57.71  
Tiegan MeyerMegan McCueAriel PetersonMichala Morin  
8 Ellsworth 1:00.55  
Ashlyn MeesterMorgan DreesenKassidy NussbaumBrynn Boyenga

Varsity Girls 4x200m Finals

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Team Time  
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1 Hills-Beaver Creek 1:52.32  
Ashlee KeldermanSidney FickMadison SpathLayla Deelstra  
2 Adrian 1:56.15  
Hannah HenningMoriah BullermanBailey LonnemanKendra Frodermann  
3 SWMCH-EHS 1:56.93  
Ella VeldkampHaley WieckAnna SudaEllie Decker  
4 Westbrook-WG/Red Rock Central 1:58.35  
Vanessa KedlHunnter BlochCamryn BuntingElizabeth Strock  
5 Mt. Lake Area - Comfrey 2:00.33  
Tiegan MeyerBileigh AnackerHaily GreenMichala Morin  
6 Heron Lake-Okabena/Fulda 2:00.76  
Emma WehkingAnne ChamAnna FestSkylar Fisher  
7 Murray County Central 2:04.16  
Chelby KestelootTaylor FordCamdyn KluisVictoria Pierson

Varsity Girls 4x400m Finals

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Team Time  
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1 SWMCH-EHS 4:23.01  
Audra HomandbergSavannah SchultzMikayla JohnsonCybil Vander Top  
2 Hills-Beaver Creek 4:28.75  
Sidney FickMadison SpathKenadie FickTaylor Durst  
3 Adrian 4:28.96  
Moriah BullermanBrianna ReckampBailey LonnemanKendra Frodermann  
4 Murray County Central 4:39.01  
Camdyn KluisRyanna SchreierBrylei SchreierVictoria Pierson  
5 Mt. Lake Area - Comfrey 4:48.85  
Kate JanzenMercedes SaengosothLana KestnerHaily Green  
6 Heron Lake-Okabena/Fulda 4:57.55  
Anne ChamSkylar FisherMarissa BeckerMarena Bang

Varsity Girls 4x800m Finals

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Team Time  
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1 SWMCH-EHS 10:22.83  
Audra HomandbergMikayla JohnsonCybil Vander TopSavannah Schultz  
2 Murray County Central 10:48.97  
Amanda OvergaauwAshley OvergaauwJosie HarmsBrealyn Damm  
3 Hills-Beaver Creek 11:14.32  
Lauren TatgeAna HagenTaylor DurstKenadie Fick  
4 Mt. Lake Area - Comfrey 11:30.97  
Kate JanzenMercedes SaengosothRiley SchroederLana Kestner

5 Heron Lake-Okabena/Fulda 11:44.52  
Anna VolkElla StapekMarenna BangMarissa Becker

Varsity Girls Shot Put Finals

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Athlete Yr Team Mark

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- 1 Sidney Fick 12 Hills-Beaver Creek 32-00.50
- 2 Abby Knobloch 10 Hills-Beaver Creek 30-11.50
- 3 Kelsey Fuerstenberg 11 Heron Lake-Okabena/Fulda 29-04.00
- 4 Saige Wall 11 Mt. Lake Area - Comfrey 28-11.00
- 5 Teagan Leusink 10 SWMCH-EHS 28-02.50
- 6 Courtney Tutt 12 Murray County Central 27-05.00
- 7 Reece Wassink 9 SWMCH-EHS 27-02.50
- 8 Madelyn Rozeboom 10 SWMCH-EHS 26-09.50
- 9 Breanna Golda 12 Heron Lake-Okabena/Fulda 26-03.00
- 10 Cassidy Johnson 9 Murray County Central 26-02.00
- 11 Sarah Essman 11 Ellsworth 24-10.50
- 12 Claire Reith 9 Heron Lake-Okabena/Fulda 24-10.00
- 13 Sammy Wieneke 10 Adrian 23-09.50
- 14 Larissa Steinhoff 7 Hills-Beaver Creek 23-08.50
- 15 Kearney Wall 8 Mt. Lake Area - Comfrey 23-03.00
- 16 Madeline Wendland 12 Murray County Central 21-08.00
- 17 Taylor Wieneke 7 Adrian 21-04.00
- 18 Kennedy Vold 10 Westbrook-WG/Red Rock Cen 21-01.00
- 19 Amy Bartsch 12 Mt. Lake Area - Comfrey 20-08.00
- Adri Ruiz 9 Westbrook-WG/Red Rock Cen ND

Varsity Girls Discus Finals

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Athlete Yr Team Mark

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- 1 Abby Knobloch 10 Hills-Beaver Creek 95-00
- 2 Reece Wassink 9 SWMCH-EHS 94-00
- 3 Sammy Wieneke 10 Adrian 91-05
- 4 Megan Gunnink 12 SWMCH-EHS 90-07
- 5 Cassidy Johnson 9 Murray County Central 85-04
- 6 Kelsey Fuerstenberg 11 Heron Lake-Okabena/Fulda 83-04
- 7 Addison Fisher 9 Heron Lake-Okabena/Fulda 83-00
- 8 Teagan Leusink 10 SWMCH-EHS 79-06
- 9 Macy Postuma 11 Murray County Central 77-04
- 10 Courtney Tutt 12 Murray County Central 71-01
- 11 Claire Reith 9 Heron Lake-Okabena/Fulda 69-04
- 12 Sarah Essman 11 Ellsworth 69-04
- 13 Megan McCue 11 Mt. Lake Area - Comfrey 69-03
- 14 Taylor Wieneke 7 Adrian 69-03
- 15 Vanessa Kedl 12 Westbrook-WG/Red Rock Cen 68-03
- 16 Kearney Wall 8 Mt. Lake Area - Comfrey 65-09
- 16 Elizabeth Strock 10 Westbrook-WG/Red Rock Cen 65-09
- 18 Bileigh Anacker 11 Mt. Lake Area - Comfrey 63-05

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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- 1 Tiegan Meyer 8 Mt. Lake Area - Comfrey 4-08.00
- 2 Kelsey DeSmith 9 Westbrook-WG/Red Rock Cen 4-06.00
- 3 Shaylee Van Essen 8 SWMCH-EHS 4-06.00
- 4 Elizabeth Wiggins 9 Westbrook-WG/Red Rock Cen 4-06.00

5 Kenadie Fick 9 Hills-Beaver Creek 4-04.00  
5 Anna Fest 8 Heron Lake-Okabena/Fulda 4-04.00  
7 Vanessa Kedl 12 Westbrook-WG/Red Rock Cen 4-04.00  
7 Michala Morin 8 Mt. Lake Area - Comfrey 4-04.00  
7 Morgan Clarke 11 Murray County Central 4-04.00  
7 Aspen Shimp 8 Hills-Beaver Creek 4-04.00  
7 Larissa Steinhoff 7 Hills-Beaver Creek 4-04.00  
8 Marenga Bang 7 Heron Lake-Okabena/Fulda 4-02.00  
9 Sydney Van Essen 10 SWMCH-EHS 4-00.00  
9 Lindsey Hause 7 Murray County Central 4-00.00  
Laura Roelfs 8 Adrian NH  
Abby Overman 7 Murray County Central NH  
Hailey Vandenbosch 7 Heron Lake-Okabena/Fulda NH

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

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1 Kaitlyn Schuur 10 SWMCH-EHS 9-06.00  
2 Faith White 9 Heron Lake-Okabena/Fulda 7-06.00  
3 Kennedy Vold 10 Westbrook-WG/Red Rock Cen 7-00.00  
3 Skylar Fisher 9 Heron Lake-Okabena/Fulda 7-00.00  
5 Kate Janzen 9 Mt. Lake Area - Comfrey 7-00.00  
6 Makenna Brands 8 SWMCH-EHS 7-00.00  
7 Hunter Bloch 11 Westbrook-WG/Red Rock Cen 7-00.00  
8 Abby Loosbrock 7 Murray County Central 6-06.00  
8 Riley Schroeder 9 Mt. Lake Area - Comfrey 6-06.00  
10 Danica Behnke 7 Murray County Central 5-00.00  
Olivia Wehking 7 Heron Lake-Okabena/Fulda NH  
Carlye Larson 9 Murray County Central NH

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark

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1 Taryn Rauk 10 Hills-Beaver Creek 15-00.00  
2 Samantha Untiedt 7 Heron Lake-Okabena/Fulda 15-00.00  
3 Shaylee Van Essen 8 SWMCH-EHS 14-10.50  
4 Sommer Schaap 12 SWMCH-EHS 13-10.50  
5 Ryanna Schreier 9 Murray County Central 13-09.50  
6 Victoria Pierson 9 Murray County Central 13-09.50  
7 Brianna Reckamp 10 Adrian 13-09.00  
8 Layla Deelstra 7 Hills-Beaver Creek 13-06.50  
9 Emma Stevenson 11 Westbrook-WG/Red Rock Cen 13-06.00  
10 Summer Janzen 11 Mt. Lake Area - Comfrey 13-03.00  
11 Hannah Henning 9 Adrian 13-01.50  
11 Haily Green 9 Mt. Lake Area - Comfrey 13-01.50  
11 Ellie Decker 8 SWMCH-EHS 13-01.50  
14 Sierra Pankratz 12 Mt. Lake Area - Comfrey 13-00.00  
15 Aspen Shimp 8 Hills-Beaver Creek 12-11.00  
16 Brynn Boyenga 7 Ellsworth 12-10.00  
17 Brealyn Damm 7 Murray County Central 12-05.50  
18 Alesha Henning 8 Adrian 11-10.00  
19 Anne Cham 10 Heron Lake-Okabena/Fulda 10-02.00  
20 Emma Wehking 12 Heron Lake-Okabena/Fulda 10-01.00

Varsity Girls Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Sommer Schaap 12 SWMCH-EHS 32-01.50
- 2 Camdyn Kluis 9 Murray County Central 31-08.50
- 3 Shaylee Van Essen 8 SWMCH-EHS 31-06.50
- 4 Peyton Bennett 7 Hills-Beaver Creek 30-09.00
- 5 Sydney Van Essen 10 SWMCH-EHS 30-04.00
- 6 Sierra Pankratz 12 Mt. Lake Area - Comfrey 30-02.00
- 7 Joslyn Birger 11 Hills-Beaver Creek 29-06.50
- 8 Irish Hollahan 7 Heron Lake-Okabena/Fulda 29-01.00
- 9 Ashlee Kelderman 10 Hills-Beaver Creek 29-00.00
- 10 Elizabeth Wiggins 9 Westbrook-WG/Red Rock Cen 28-00.00
- 10 Summer Janzen 11 Mt. Lake Area - Comfrey 28-00.00
- 12 Michala Morin 8 Mt. Lake Area - Comfrey 27-03.00
- 13 Megan Bakke 8 Heron Lake-Okabena/Fulda 26-10.00

Ashley Hellewell 10 Murray County Central ND  
Maddie Schumacher 8 Heron Lake-Okabena/Fulda ND